

Col.	Nome	Nro.	Faixa	Tempo	Liquido
20 A 24 FEMININO					
1	CONCEICAO DE MARIA RODRIGUES NASCIMENTO	218	F.20.24	5 25:59.2	25:56.9
2	BEATRIZ DE LIMA SANTOS	210	F.20.24	26 34:04.2	33:52.2
3	MARIANA MACHADO DA NOBREGA	230	F.20.24	65 39:56.6	39:25.1
25 A 29 FEMININO					
1	RAYANNE FERREIRA LOPES	111	F.25.29	6 26:37.5	26:35.5
2	ROBERTA DANTAS	145	F.25.29	17 31:00.1	30:50.1
3	NADIA DE SOUZA FEITOSA	292	F.25.29	35 35:32.3	35:20.0
30 A 24 FEMININO					
1	VANESSA RIBEIRO FERREIRA PINHEIRO	267	F.30.34	2 24:37.0	24:35.6
2	REGIANE MELO DA TRINDADE	271	F.30.34	3 25:05.1	24:39.7
3	ROSANA TANNUS	263	F.30.34	21 32:28.2	32:05.7
4	KEILA DA SILVA BLANCO BLANCO	140	F.30.34	27 34:07.3	33:39.1
5	FABIANA SILVA	215	F.30.34	34 35:18.1	35:10.6
6	GENILCE GONCALVES DA COSTA	105	F.30.34	38 35:40.5	35:35.5
7	LINDSAY RAYANNE PIRES SILVA	234	F.30.34	43 37:21.6	36:38.4
8	DENISE APARECIDA RODRIGUES MACHADO	112	F.30.34	47 37:55.0	37:27.8
9	PRISCILA COSTA	243	F.30.34	51 38:23.5	37:52.0
10	LORRANYE PEREIRA ARAUJO	202	F.30.34	52 38:24.3	37:53.0
35 A 39 FEMININO					
1	TAMARA ROCHA DE SOUZA	122	F.35.39	1 23:22.4	23:20.1
2	MAIRA TIBAU	163	F.35.39	8 27:20.2	26:56.2
3	PRISCILLA SOUZA	194	F.35.39	9 27:20.4	27:15.3
4	DEBORA SOARES DE CAMPOS ROCHA	277	F.35.39	10 27:37.5	27:29.4
5	ADRIANA VIEIRA	153	F.35.39	15 30:27.5	30:17.4
6	SOLANGE SILVA	126	F.35.39	18 31:41.0	31:16.6
7	REGINA MARCIA A VIANA	295	F.35.39	19 32:00.3	31:49.9
8	CLEIA GONCALVES DA COSTA	102	F.35.39	22 32:50.1	32:45.1
9	MARIA DA SILVA SANTOS	185	F.35.39	28 34:07.3	33:39.8
10	BARBARA SENA	147	F.35.39	30 34:49.3	34:39.2
11	ERIKA GONCALVES DA COSTA	103	F.35.39	37 35:40.5	35:35.5
12	ANA PAULA VIEIRA	259	F.35.39	40 35:58.0	35:12.7
13	GEODESIA PEREIRA DA SILVA	281	F.35.39	42 37:11.5	36:56.9
14	DENISE LOURDES DIAS DE MOURA	173	F.35.39	48 37:58.0	37:33.5
15	ANDREIA BAUMGRATZ	138	F.35.39	55 38:41.3	37:54.2
16	GRAZIELE BEZERRA	152	F.35.39	68 41:02.4	40:44.0
17	LUCIANNA COSTA	157	F.35.39	73 43:18.3	42:39.9
18	RAFAELA MEIRA	168	F.35.39	76 43:40.2	43:20.1
19	TATIANA ARANTES GOMES REIS DO VALE	260	F.35.39	77 44:09.2	42:56.8
20	NEIDE GONCALVES DA COSTA	104	F.35.39	84 1:08:57.3	1:08:53.0
40 A 44 FEMININO					
1	JULIANA CARLETTI	248	F.40.44	16 30:37.3	30:34.2
2	LUCIANA AVILA RODRIGUES	462	F.40.44	25 34:02.5	33:25.4
3	JANAINA BARBOSA	203	F.40.44	36 35:36.0	35:18.7
4	ELENICE SILVA GOMES	250	F.40.44	39 35:58.0	35:14.4
5	ELLEN TANUS RANGEL	228	F.40.44	50 38:18.1	38:00.7
6	ROZIANE GOMES DE SOUZA	137	F.40.44	54 38:41.3	37:53.1
7	CLEIA IRINEU	169	F.40.44	57 38:52.4	38:32.9
8	BIANCA GASPAS ROSA	242	F.40.44	66 40:02.2	39:40.1
9	VIVIANE VIEIRA DO PRADO	198	F.40.44	75 43:38.1	43:00.8
10	HELLEN LUCIA MACEDO ROCHA	253	F.40.44	78 46:59.2	46:13.9
11	OZINEIDE GAMA GOMES	293	F.40.44	79 48:20.0	47:59.0
45 A 49 FEMININO					
1	HELENA SENA	252	F.45.49	13 30:16.1	29:00.7
2	MARIA GORETTI	213	F.45.49	20 32:17.2	31:32.8
3	MAC SEIA LIMA RODRIGUES	290	F.45.49	23 33:06.3	32:56.1
4	CLAUDIA CORNELIO	240	F.45.49	33 35:05.4	34:53.2
5	ELIEUDA DA COSTA BRAZ	201	F.45.49	44 37:39.0	37:23.0
6	CYNARA ZUMBA	214	F.45.49	62 39:07.1	39:01.7
7	KATIA CILENE DOS SANTOS DOS SANTOS	205	F.45.49	69 41:50.4	41:48.0
8	KATIA CASTRO	188	F.45.49	70 41:55.2	41:50.8
9	ANNE BOTAO	222	F.45.49	71 42:25.5	42:20.9
10	JACIMONE DE SOUZA GOMES SILVA GOMES	229	F.45.49	72 42:34.0	42:25.5
11	PATRICIA SOUSA	231	F.45.49	81 48:52.5	48:23.5

Col.	Nome	Nro.	Faixa	Tempo	Liquido	
12	JANETE BARBOSA	718	F.45.49	83	1:04:00.3	1:03:35.8
50 A 54 FEMININO						
1	CELIA SILVIA RONQUI HYDALGO	237	F.50.54	7	27:15.3	26:55.3
2	LINA SIMONE SANTOS LIMA	209	F.50.54	11	27:54.4	27:41.0
3	GEORGINA CELIA FERREIRA LOPES	110	F.50.54	12	28:48.3	28:47.1
4	DAILI GASPARINI FIUZA DO NASCIMENTO	206	F.50.54	32	35:03.2	34:37.9
5	VALERIA SANDRA PATRICIO CORREIA DE OLIVEIRA	101	F.50.54	41	36:35.4	35:46.0
6	WAGLENE DA SILVA VIEIRA MONTEIRO	379	F.50.54	49	38:00.2	37:32.7
7	AKEMI SERIKIAKU	227	F.50.54	53	38:25.6	37:57.1
8	MARIA GORETH GOMES GOMES	114	F.50.54	58	38:56.4	37:34.2
55 A 59 FEMININO						
1	CONCEICAO MELLO	224	F.55.59	45	37:44.3	37:25.2
2	AZENITA RODRIGUES MACHADO	113	F.55.59	46	37:54.3	37:27.2
60 A 64 FEMININO						
1	LUSINETE DE ANDRADE	124	F.60.64	4	25:07.2	25:05.2
2	JOZENI MOTA PIRES SILVA	233	F.60.64	14	30:23.3	29:42.7
3	RAIMUNDA LIMA DE NAZARE FURTADO	356	F.60.64	24	33:15.3	33:00.3
4	MARIA CLARISSA ROCHA VALE	156	F.60.64	29	34:31.2	34:05.8
5	EXCELSA MARIA DE OLIVEIRA PERNA	452	F.60.64	31	34:50.5	34:49.3
6	IEDA AYRES	116	F.60.64	59	38:56.5	37:33.9
7	MARIA DAS GRACAS BARCELOS VARGAS VARGAS	200	F.60.64	64	39:48.2	39:33.7
8	SALETE FARIAS DE OLIVEIRA CARVALHO	141	F.60.64	80	48:22.4	48:00.4
9	ANTONIA SINZATO	207	F.60.64	82	49:25.2	48:59.0
65 A 99 FEMININO						
1	BENEDITA CECILIA DE MELO DE MELO	338	F.65.99	56	38:43.2	38:27.2
2	MARIA JOSE FLORES	117	F.65.99	60	38:57.3	37:34.8
3	SONIA MARIA CASTRO MATOS	115	F.65.99	61	39:05.2	39:01.7
4	MARIA DO SOCORRO DE QUEIROZ RIBEIRO	120	F.65.99	63	39:12.6	38:36.2
5	MARIA TEREZINHA FRANCO	451	F.65.99	67	40:28.4	40:27.1
6	EDELWITHA AMORIM TRINDADE	225	F.65.99	74	43:31.2	43:30.8
14 A 15 MASCULINO						
1	DAVID REGIS VENERATO DOS SANTOS	275	M.14.15	45	30:12.5	29:45.0
16 A 17 MASCULINO						
1	LUCAS MERCHEDE OLIVEIRA	183	M.16.17	2	19:41.3	19:37.8
2	ALVARO HENRIQUE TEOFILLO MAGALHAES DE HOLLANDA	161	M.16.17	44	29:37.1	29:01.0
20 A 24 MASCULINO						
1	GUSTAVO ALESSANDRO VILARINHO DE ARAUJO	109	M.20.24	3	20:03.5	19:54.4
2	ALEXSSANDER SOARES VIEIRA	273	M.20.24	5	20:17.3	20:09.1
3	LUCAS NUNES ROCHA	289	M.20.24	8	22:21.1	22:12.7
4	MAXINE MAYUMI OWADA ALVES	270	M.20.24	56	32:18.4	32:12.1
5	RAFAEL RIKI OGAWA OSIRO	196	M.20.24	81	42:42.2	41:53.2
6	RODRIGO SHINDI OGAWA OSIRO SHINDI	195	M.20.24	82	42:42.3	41:53.1
25 A 29 MASCULINO						
1	JOSIAS GONCALVES SILVA JUNIOR	262	M.25.29	16	24:11.5	23:50.5
2	GABRIEL ALONSO	143	M.25.29	17	24:20.3	23:40.8
3	MATHEUS SOUZA E SILVA ALVES	129	M.25.29	22	25:33.1	25:06.6
4	PEDRO HENRIQUE DE OLIVEIRA PERES	294	M.25.29	24	25:44.5	25:35.3
5	VITOR LOPES DA FROTA	174	M.25.29	35	27:47.5	27:35.5
6	JOAO MOISES VIEIRA DA SILVA JUNIOR	286	M.25.29	41	29:13.2	28:58.7
7	ALAN ANDRADE ALVES	272	M.25.29	52	31:28.1	30:28.7
8	HUGO LEITE	181	M.25.29	76	38:39.5	38:05.0
9	TALISSON SOUZA SILVA	297	M.25.29	85	47:38.6	47:17.5
30 A 34 MASCULINO						
1	GUILHERME RODRIGUES DA SILVA	175	M.30.34	15	24:06.1	23:53.1
2	JOAO PAULO LIMA	155	M.30.34	20	24:36.0	24:22.5
3	WESLEY CHAVES PESSOA	299	M.30.34	40	29:12.0	28:57.9
4	YURI MAXSWEL MITO	106	M.30.34	42	29:13.5	29:02.1
5	MATHEUS ANNES FERRAO	165	M.30.34	61	33:01.2	32:44.2
6	AREF RODRIGUES	261	M.30.34	65	33:27.2	32:39.0
7	JOAO PAULO TEOFILLO MAGALHAES DE HOLLANDA	160	M.30.34	66	33:58.2	33:22.8
8	HEBERLI BATISTA	282	M.30.34	68	35:12.2	34:37.2

Col.	Nome	Nro.	Faixa	Tempo	Liquido	
9	FERNANDO HOLGADO	258	M.30.34	83	46:59.3	46:15.7
10	DENILSON SANTOS	217	M.30.34	84	47:05.1	47:05.1
35 A 39 MASCULINO						
1	WAGNER ARMANDO DOS SANTOS	170	M.35.39	4	20:11.4	20:09.9
2	JORGE LUIS CARVALHO LIMA	287	M.35.39	6	20:40.3	20:35.9
3	ABILIO GONCALVES	100	M.35.39	11	23:22.2	23:21.0
4	JONATHAS AMILCON	318	M.35.39	33	27:42.5	27:21.2
5	GUSTAVO CARLETTI	249	M.35.39	49	30:37.4	30:34.2
6	ANDRE COUTINHO	146	M.35.39	50	31:00.1	30:58.7
7	HELIO CARNEIRO DE CAMPOS ROCHA	283	M.35.39	75	38:21.1	37:45.1
8	LEONARDO DA COSTA LOPES	149	M.35.39	80	41:14.4	40:37.0
40 A 44 MASCULINO						
1	MAGNUS HOLM	166	M.40.44	10	22:50.5	22:33.1
2	LAURISLANDIO DINIZ	133	M.40.44	14	23:52.0	23:48.0
3	EDMILSON DE JESUS	278	M.40.44	19	24:32.2	24:02.9
4	BENEDITO RIBEIRO BORGES	274	M.40.44	29	27:04.0	26:54.8
5	WILTON SILVA	212	M.40.44	31	27:17.5	26:32.0
6	HELICIO LIMA	193	M.40.44	34	27:44.1	27:40.1
7	REGINALDO DOS SANTOS VENERATO	296	M.40.44	46	30:13.4	29:44.1
8	DAYVSON VINICIUS DE SOUSA	276	M.40.44	47	30:29.3	30:22.2
9	MARCELO FURTADO	463	M.40.44	53	31:53.4	31:16.4
10	ALBERTO MARTINS	244	M.40.44	54	31:56.1	31:42.7
11	PEDRO EDGAR DOS SANTOS	269	M.40.44	57	32:19.2	32:13.8
12	JOSE LUIZ DE MORAES	167	M.40.44	62	33:09.0	32:17.8
13	IVANILDO CARLOS COSTA COSTA	254	M.40.44	74	37:21.5	36:39.5
14	HELIO JOSE SIQUEIRA JUNIOR	158	M.40.44	77	38:48.5	38:10.1
15	JOSUE AZENHA NETO	288	M.40.44	78	39:08.2	38:34.1
45 A 49 MASCULINO						
1	SERGIO OLIVEIRA	235	M.45.49	7	20:51.1	20:38.1
2	LAURICIO DOURADO	317	M.45.49	12	23:24.1	23:02.9
3	MANOEL ARAUJO	162	M.45.49	21	24:53.0	24:44.5
4	ANTONIO CARLOS ALBUQUERQUE AYRES	365	M.45.49	23	25:39.0	25:28.5
5	CARLOS A DO S JACINTO	585	M.45.49	39	29:04.4	28:24.1
6	WILTON SILVA BEZERRA	336	M.45.49	55	32:14.4	32:06.9
7	FABIANO FOLLADOR RAMOS	255	M.45.49	59	32:47.3	32:30.2
8	MARCOS SILVA	150	M.45.49	72	37:06.3	36:51.2
50 A 54 MASCULINO						
1	ADNILSON CRUZ DE ALMEIDA ALMEIDA	216	M.50.54	1	19:10.2	19:04.0
2	LUIS CLAUDIO PAREDES	186	M.50.54	30	27:10.5	26:57.2
3	ONALDO FERNANDES MONTEIRO	172	M.50.54	37	28:00.0	27:58.8
4	MURILO ROBALLO	310	M.50.54	38	28:31.4	28:15.0
5	MARCOS DE JESUS MORAIS	178	M.50.54	58	32:20.0	31:36.5
6	ETRON CAVALCANTE MOURA FILHO	280	M.50.54	60	32:58.3	32:19.9
7	RAUL NORBERTO DUARTE COSTA	123	M.50.54	67	35:09.3	35:06.2
8	NIVALDO APARECIDO ALEXANDRE HYDALGO	236	M.50.54	79	39:10.1	37:50.1
55 A 59 MASCULINO						
1	JOAO RODRIGUES DOS FILHO	247	M.55.59	18	24:27.4	24:24.0
2	AUREO SIMAO	251	M.55.59	26	25:48.3	24:07.1
3	ANTONIO WILLIAM NASCIMENTO	219	M.55.59	27	26:35.2	26:32.2
4	SERGIO FORTUNATO	268	M.55.59	43	29:25.1	28:22.7
5	JOAO FERNANDES DO NASCIMENTO NETO	190	M.55.59	48	30:32.2	29:59.8
6	RANDER MELLO	223	M.55.59	73	37:06.6	36:48.2
60 A 64 MASCULINO						
1	SERGIO DE ASSIS	128	M.60.64	9	22:29.2	22:16.0
2	JOSE AMAURY DE GOES DE GOES	118	M.60.64	13	23:28.1	23:18.5
3	AURELIANO PEREIRA DA COSTA	184	M.60.64	25	25:47.6	25:40.5
4	ADAILTON DA SILVA OLIVEIRA	125	M.60.64	36	27:59.1	27:56.1
5	ANTONIO ARRUDA SOBRINHO SOBRINHO	355	M.60.64	63	33:15.4	33:00.3
6	CARLOS ROBERTO FONSECA	226	M.60.64	64	33:20.5	32:50.0
7	TADEU ALMEIDA DE OLIVEIRA	159	M.60.64	70	35:35.0	35:21.9
65 A 99 MASCULINO						
1	JAIRO CLECIO GOMES CLECIO	239	M.65.99	28	26:44.0	26:44.0
2	RUI DE SOUSA SANTOS FILHO	204	M.65.99	32	27:19.3	27:16.9



Resultado **Categorias 5K**

Col. Nome	Nro.	Faixa	Tempo	Liquido
3 JOEL LEITE COUTINHO COUTINHO	142	M.65.99	51 31:01.1	30:59.9
4 JOSE CARLOS CORREA	151	M.65.99	69 35:13.4	34:51.3
5 MARINALDO GUIMARAES	119	M.65.99	71 35:44.0	35:12.8
6 ANTONIO IVO MATTHEUS PEREIRA SILVA	232	M.65.99	86 48:26.4	47:46.0